

POST-SEDATION PATIENT INSTRUCTIONS

*Following sedation, 24 hours may be required for the full effects of the drugs to wear off. During this period, it is essential that you follow these instructions.*

# DISCHARGE FROM OFFICE

* The patient must be discharged into the care of a responsible adult who can accompany him/her home
* Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night

# TRANSPORTATION FROM OFFICE

* Private automobile is preferred.

# FOOD AND BEVERAGES

* Clear liquids are advised initially and, after that, diet as tolerated
* Do not drink alcohol in any form for 24 hours

# MEDICATIONS

* Resume normal medication as directed by physician after appointment.

# ACTIVITY RESTRICTIONS

* **Do not operate motor vehicles, boats, power tools or machinery for 24 hours, or longer if drowsiness or dizziness persists**
* Do not operate an aircraft for at least 48 hours following minimal or moderate sedation
* Do not sign or enter into any legal contract for at least 24 hours
* **The law considers the patient to be impaired for 24 hours following sedation.**

# PROBLEMS

* If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem of concern please see your regular dentist or your family doctor, or go to the closest emergency department. Call ­­­­­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ if you which to speak to our office.