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**Pre-Sedation Patient Instructions**

# Please follow these instructions to prepare for treatment with IV Sedation

# Food and Beverages

* Nothing to eat or drink for 8 hours prior to dental procedure with the exception of water and clear fluids (apple juice, Gatorade, tea, black coffee or water, but not alcohol).
* Stop drinking clear fluids two (2) hours prior to dental procedure

# Medications

• It is essential to discuss with your dentist whether or not you should take medication(s) you otherwise take on a regular basis. Please provide a current list

# Clothing

* Please wear loose fitting clothing with sleeves that can be rolled up past the elbow (e.g., short sleeve t-shirt)
* Contact lenses and jewelry must be removed at the time of surgery
* Do not wear lipstick, excessive makeup, or nail polish on the day of surgery

# Smoking

• Refrain from smoking for at least 12 hours prior to treatment.

# Transportation

* Under no conditions can you drive yourself home. A responsible adult must drive the patient home, and stay with the patient for the whole day
* The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia. You are considered legally impaired and cannot drive for 24 hours after receiving anesthesia
* Arrange time off work or school as you will need time to rest and heal

Appointment date and Time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_